

St. Cyprian's Anglican Church & Iona Presbyterian Church

1080 Finch Ave East, Toronto, Ontario

Telephone: 416-494-2442

St. Cyprian's Website: stcyprianschurch.ca Iona's Website: tri-church.ca/iona

Church office hours: Tuesdays & Fridays 10:00 am to 1:00 pm

Sunday Worship by Zoom and in person 10:30 a.m.



St. Cyprian's Sunday September 13, 2026

Minister: Every member of the congregation

Priest-in-Charge: The Rev. Dr. John Oakes

Email: revdrjohnnoakes@outlook.com

Phone: (647) 219-5754

Rector's Warden: Carol Berger

People's Warden: Stacey Leslie

Iona Elders: Marg Black, Dorine Bourque, Melissa Reid, Bob Williams

Director of Music: Laura Hope

Office Administrator: Bob Williams

Lay Assistant: Mary Nagrani

Zoom Link for Sunday Worship

<https://us02web.zoom.us/j/2897790104?omn=83067962618>

Or call: 647 374 4685 or 647 558 0588

Meeting ID: 289 779 0104

No Passcode

Land Acknowledgement

We acknowledge that we meet on the traditional lands of the Mississauga. We acknowledge this territory's significance for the Indigenous peoples who lived, and continue to live, upon it and whose practices and spiritualities were tied to the land and continue to develop in relationship to the territory and its other inhabitants today.

Holy Communion (BAS) and Thanksgiving on the 60th Anniversary of St. Cyprian's

Hymns are from *Common Praise*.

Welcome

Opening Sentence: "I am the good shepherd; I know my own and my own know me, and I lay down my life for the sheep." **John 10: 14–15**

The Gathering of the Community

Processional Hymn #444: *Your Hand, O God, Has Guided*

Presider: The grace of our Lord Jesus Christ, and the love of God,
and the fellowship of the Holy Spirit be with you all.

People: **And also with you.**

Presider: Almighty God,

All: **To you all hearts are open, all desires known, and from you no secrets
are hidden. Cleanse the thoughts of our hearts by the inspiration of
your Holy Spirit, that we may perfectly love you, and worthily magnify
your holy name; through Jesus Christ our Lord. Amen.**

Kyrie Eleison

Presider: Lord, have mercy upon us.

People: **Christ, have mercy upon us.**

Presider: Lord, have mercy upon us.

The Collect of the Day

Presider: Let us pray.

Almighty God, your love strengthened holy Cyprian to guard the purity of your Church and to let his own life be struck down by the sword of persecution. Teach our hearts the discipline of your Spirit, that we may conform ourselves to the image of the Crucified and show forth in our lives the power of his glorious resurrection; who is alive and reigns with you and the Holy Spirit, one God, now and for ever.

Amen.

The Proclamation of the Word

First Reading: Philippians 3: 7–14 Ron Bloor

Reader: Our first reading is from the third chapter of the epistle to the Philippians, beginning at the seventh verse.

⁷ But whatever were gains to me I now consider loss for the sake of Christ. ⁸ What is more, I consider everything a loss because of the surpassing worth of knowing Christ Jesus my Lord, for whose sake I have lost all things. I consider them garbage, that I may gain Christ ⁹ and be found in him, not having a righteousness of my own that comes from the law, but that which is through faith in Christ – the righteousness that comes from God on the basis of faith. ¹⁰ I want to know Christ – yes, to know the power of his resurrection and participation in his sufferings, becoming like him in his death, ¹¹ and so, somehow, attaining to the resurrection from the dead.

¹² Not that I have already obtained all this, or have already arrived at my goal, but I press on to take hold of that for which Christ Jesus took hold of me. ¹³ Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: forgetting what is behind and straining towards what is ahead, ¹⁴ I press on towards the goal to win the prize for which God has called me heavenwards in Christ Jesus.

Reader: The Word of the Lord.

All: Thanks be to God

Psalm 116: 10–17

10 How shall I repay the Lord *

for all the good things he has done for me?

11 I will lift up the cup of salvation *

and call upon the name of the Lord.

12 I will fulfil my vows to the Lord *

in the presence of all his people.

13 Precious in the sight of the Lord *

is the death of his servants.

14 O Lord, I am your servant; *

I am your servant and the child of your handmaid;

you have freed me from my bonds.

15 I will offer you the sacrifice of thanksgiving *

and call upon the name of the Lord.

16 I will fulfil my vows to the Lord *

in the presence of all his people.

17 In the courts of the Lord's house, *

in the midst of you, O Jerusalem.

Hallelujah!

Let us pray. Eternal God, faithful in your tender compassion, you give us hope for our life here and hereafter through the victory of your only Son. When we share his cup of salvation, revive in us the joy of this everlasting gift. We ask his in his name. **Amen.**

Gradual Hymn #712: *Alleluia!* (x2)

Gospel Reading: John 10: 11–16 Mary Nagrani

Reader: The Lord be with you.

All: And also with you.

Reader: The Holy Gospel of our Lord Jesus Christ according to the tenth chapter of St. John, beginning at the eleventh verse.

All: Glory to you, Lord Jesus Christ.

¹¹ [Jesus said,] ¹¹ I am the good shepherd. The good shepherd lays down his life for the sheep. ¹² The hired hand is not the shepherd and does not own the sheep. So when he sees the wolf coming, he abandons the sheep and runs away. Then the wolf attacks the flock and scatters it. ¹³ The man runs away because he is a hired hand and cares nothing for the sheep.

¹⁴ I am the good shepherd; I know my sheep and my sheep know me – ¹⁵ just as the Father knows me and I know the Father – and I lay down my life for the sheep. ¹⁶ I have other sheep that are not of this sheepfold. I must bring them also. They too will listen to my voice, and there shall be one flock and one shepherd.’

Reader: The Gospel of Christ

All: Praise to you, Lord Jesus

Gradual Hymn #712: Alleluia! (x2)

Sermon: “Aiming for the Best” Rev. Dr. John Oakes

Choir Anthem “Many Are The Lightbeams”
Cyprian of Carthage / Olle Widestrand

The Nicene Creed

Presider: Let us confess our faith, as we say,

All: We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the

Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People

Intercessor: For the Church universal, of which St. Cyprian's is a visible symbol,

All: We thank you, Lord.

Intercessor: For your presence whenever two or three have gathered in your name,

All: We thank you, Lord.

Intercessor: For this place where we may be still and know that you are God,

All: We thank you, Lord.

Intercessor: For the fulfilling of our desires and petitions as you see best for us,

All: We thank you, Lord.

Intercessor: For our past and a vision of the future that lies ahead,

All: We thank you, Lord.

Intercessor: For the gift of the Holy Spirit and new life in baptism,

All: We thank you, Lord.

Intercessor: For the pardon of our sins when we have fallen short of your glory,

All: We thank you, Lord.

Intercessor: For the holy eucharist in which we have a foretaste of your eternal kingdom,

All: We thank you, Lord.

Intercessor: For the blessing of our vows and the crowning of our years with your goodness,

All: We thank you, Lord.

Intercessor: For the faith of those who have gone before us and for our encouragement by their perseverance,

All: We thank you, Lord.

Intercessor: Remembering all who have died in the peace of Christ and are at rest, especially those whom we now lift up quietly in our hearts

All: We thank you, Lord.

Intercessor: For the fellowship of all your saints, and especially for Cyprian, our patron,

All: We thank you, Lord.

Presider: O God, from living and chosen stones you prepare an everlasting dwelling place for your majesty. Grant that in the power of the Holy Spirit those who serve you here may always be kept within your presence. This we pray through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and ever. Amen.

Confession and Absolution

Presider: Dear friends in Christ. God is steadfast in love and infinite in mercy, welcoming sinners and inviting them to his table. Let us confess our sins confident in God's forgiveness.

Presider: Most merciful God.

All: We confess that we have sinned against you in thought, word, and deed, by what we have done and what we have left undone. We have not loved you with our whole heart. We have not loved our neighbors as ourselves. We are truly sorry, and we humbly repent. For the sake of your son, Jesus Christ, have mercy on us, and forgive us that we may delight in your will. And walk in your ways to the glory of your name, Amen.

Presider: Almighty God, have mercy upon you. Pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life through Jesus Christ our Lord, Amen.

The Peace

Presider: The peace of the Lord be always with you.

All: And also, with you.

Offertory Hymn #388: *Glorious Things of Thee Are Spoken*

Prayer over the Gifts

Presider: Eternal Father, you have given us new birth
in the womb of the body of Christ. As we offer this sacrament of unity,
keep us mindful of your holy martyr Cyprian and make our offering
worthy of the costly love of him who gave his life for us, Jesus Christ our
Lord. **Amen.**

The Celebration of the Eucharist

Eucharistic Prayer 3

Presider: The Lord be with you.

People: And also with you.

Presider: Lift up your hearts.

People: We lift them to the Lord.

Presider: Let us give thanks to the Lord our God.

People: It is right to give our thanks and praise.

Presider: Blessed are you, gracious God, creator of heaven and earth; in the
multitude of your saints you have surrounded us with so great a cloud
of witnesses, that we, rejoicing in their fellowship, may run with
patience the race that is set before us, and together with them receive
the crown of glory that never fades away. Therefore with angels and
archangels and with all who have served you in every age, we raise our
voices to proclaim the glory of your name.

**All (sung) Holy, holy, holy Lord, God of power and might,
(#735) Holy, holy, holy Lord, God of power and might,**

**heaven and earth are full, full of your glory.
Hosanna in the highest. Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest. Hosanna in the highest.**

Presider: We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life. On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, Father, according to his command,

**All we remember his death, we proclaim his resurrection,
we await his coming in glory;**

Presider: and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon us, that these gifts may be for us the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit. In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the

unity of the Holy Spirit, all honour and glory are yours, almighty Father,
now and for ever. **Amen.**

The Lord's Prayer

Presider: And now, as our Saviour Christ has taught us, we are bold to say:

All: Our Father, who art in heaven, hallowed be thy name, thy Kingdom come, thy will be done on earth, as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever, Amen.

Breaking of the Bread

Presider: Creator of all,
you gave us golden fields of wheat,
whose many grains we have gathered
and made into this one bread.

**All: So may your Church be gathered
from the ends of the earth
into your kingdom.**

Presider: The gifts of God for the People of God.

People: Thanks be to God.

All (#745) Lamb of God, you take away the sins of the world:

(sung): have mercy on us.

**Lamb of God, you take away the sins of the world:
have mercy on us.**

**Lamb of God, you take away the sins of the world:
grant us peace.
Grant us peace.**

Communion Hymn #73: *One Bread, One Body*

Prayer after Communion

Presider: Giver of all, grant that we who honour your power in the sufferings of holy Cyprian, may continue to do your will on earth and be greeted with the perfection of your love in the glory of the age to come; through Jesus Christ our Lord. **Amen.**

Presider: Glory to God.

All: Whose power working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation. In the church and in Christ Jesus forever and ever, Amen.

Announcements

Blessing

Presider: The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God and of his Son Jesus Christ our Lord. And may the blessing of God Almighty, the Father, the Son and the Holy Spirit be among you and remain with you always. Amen.

Recessional Hymn #276: *For All the Saints* (vv. 1–3, 7–8)

Dismissal

Presider: Alleluia! Let us go forth into the world rejoicing in the power of the Holy Spirit.

People: Thanks be to God. Alleluia!

ANNOUNCEMENTS

Welcome!

Welcome to St. Cyprian's and Iona, as we continue our combined worship and ministry at 10:30 a.m. on Sundays.

Congratulations!

Congratulations to this year's Barbara Rhodes Scholarship recipients, Ava Banfield, Liliana Lobato, Mateo Lobato, Diary Ratsararay, Osayande Osemwegie and Yasmine Rowe.

Sunday Bible Study

The **Sunday Bible Study** is still on summer break. We begin **an exciting new programme in October**. For further details, **please watch this space**.

St. Cyprian Choir Rehearsals

Enjoy singing? Free on Friday afternoons? St. Cyprian choir rehearsals are on Friday afternoons, starting at 1 pm. Ask any of the choir members for more details and then come give it a try!

Noon Meditation

The **Wednesday meditation meets** with David Rudd and others **at 12 noon on:**
<https://us02web.zoom.us/j/9321564941?pwd=QmhLdDZ6ekQ2a1FLMmRWK2tXU0F0Zz09>

Meeting ID: 932 156 4941

Passcode: 1080

Mid-Week Zoom Bible Study

Rev. John's **weekly Zoom Bible Study, will now meet on Tuesdays at 7 p.m.** from October. If you wish to be part of this, **please put your name on the sign-up sheet or contact John directly.**

St. Christopher's Anniversary Service

St. Christopher's invites us to join their **35th Anniversary Thanksgiving Eucharist on Sunday, September 20 at 3:30 p.m.** at 459 Crosby Ave., Richmond Hill.

The Scott Mission

Brenda Haddock is asking people bring in more cloth, plastic and/or paper bags for clients at **The Scott Mission**? The clients use the bags for both food and clothing. You can leave the bags in the church office in the labelled bag (close to the choir gowns) for this purpose. **A big thank you to all for your ongoing support.**

Ministry Opportunities

There are **ministry opportunities** in a number of **different areas**, for which **volunteers are welcome**. To help, **please contact Rev. John or one of the St. Cyprian's wardens or Iona elders.**

Happy Birthdays

Cecil Edwards	September 13
Helmut Berger	September 13
Beverly Charles	September 13
Jade Santiago	September 14

Happy birthday, Happy birthday, God loves you.

Happy birthday and may all your dreams come true.

When you blow out the candles, one light stays aglow.

It is the love light of our Lord for all to know.