

St. Cyprian's Anglican Church & Iona Presbyterian Church

1080 Finch Ave East, Toronto, Ontario

Telephone: 416-494-2442 Email: postmaster@tri-church.ca

St. Cyprian's Website: stcyprianschurch.ca Iona's Website: tri-church.ca/iona

Church office hours: Tuesdays & Fridays 10:00 am to 1:00 pm

Sunday Worship by Zoom and in person at 10:30 am



Advent 1

Sunday, November 30, 2025

Minister: Every member of the congregations

Priest-in-Charge: The Rev. Dr. John Oakes

Email: revdrjohnoakes@outlook.com

Phone: (647) 219-5754

Rector's Warden: Carol Berger

People's Warden: Stacey Leslie

Iona Elders: Marg Black, Dorine Bourque, Melissa Reid

Director of Music: Laura Hope

Office Administrator: Bob Williams

Lay Assistant: Hanson Iam

Zoom Link for Sunday Worship

<https://us02web.zoom.us/j/2897790104?omn=83067962618>

Or call: 647 374 4685 or 647 558 0588

Meeting ID: 289 779 0104

No Passcode

Land Acknowledgement

We acknowledge that we meet on the traditional lands of the Mississauga. We acknowledge this territory's significance for the Indigenous peoples who lived, and continue to live, upon it and whose practices and spiritualities were tied to the land and continue to develop in relationship to the territory and its other inhabitants today.

November 30, 2025, 10:30 a.m.

Healing Service of the Word

Hymns are from *Common Praise*

Leader and Preacher: Rev. Dr. John Oakes

(This liturgy is taken from "A Service of the Word 1," in *Eucharistic Prayers, Services of the Word, and Night Prayer Supplementary to The Book of Alternative Services* (ABC Publishing, 2001)

Welcome

The Gathering of the Community

Processional Hymn #89: *O Come, O Come, Emmanuel*
(vv. 1–4, 7; verse 1 solo)

Leader: The grace of our Lord Jesus Christ and the love of God,
and the fellowship of the Holy Spirit, be with you all.

People: **And also with you.**

Leader: Let us pray.
We thank you, O God, that you have again brought
us together on the Lord's Day to praise you for your
goodness and to ask your blessing. Give us grace to
see your hand in the week that is past, and your
purpose in the week to come; through Christ our Lord.
Amen.

Leader: Dear friends in Christ, as we turn our hearts and minds

to worship almighty God, let us confess our sins.

All: **Most merciful God,**
we confess that we have sinned against you in thought, word, and
deed, by what we have done and by what we have left undone.
We have not loved you with our whole heart; we have not loved our
neighbours as ourselves. We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ, have mercy on us and forgive us,
that we may delight in your will, and walk in your ways, to the glory
of your name. Amen.

Leader: Merciful God,
 grant to your faithful people pardon and peace, that we may be
 cleansed from all our sins and serve you with a quiet mind;
 through Jesus Christ our Lord, who is alive and reigns with you and
 the Holy Spirit, one God, now and for ever. Amen.

The Peace

Leader: The peace of the Lord be always with you.

All: **And also, with you.**

The Collect of the Day

Leader: Let us pray.
 Almighty God, give us grace to cast away the works of darkness
 and put on the armour of light, now in the time of this mortal life
 in which your Son Jesus Christ came to us in great humility,
 that on the last day, when he shall come again in his glorious
 majesty to judge both the living and the dead,
 we may rise to the life immortal; through him who lives and reigns
 with you and the Holy Spirit, one God, now and for ever. **Amen.**

Lighting of the Advent Wreath Hanson Lam

The Gospel of John speaks of Christ as the true light coming into the world. In preparation for that coming, we reflect on the Advent of Christ and light candles for the four weeks leading up to Christmas. The word “Advent” literally means “coming” and this special season in the church year speaks to the deep truths that

Christ has come in a manger in a stable in Bethlehem, that he comes to us right now by the power of the Holy Spirit, and that he will one day come again in glory to usher in a new heaven and a new earth. So today, as we light the first candle on the Advent Wreath, the candle of hope, we rejoice in the great hope that Christ brings for peace, healing, salvation, and the well-being of all creation. In 1 Peter 1:3, we read, “Blessed be the God and Father of our Lord Jesus Christ! By his great mercy he has given us a new birth into a living hope through the resurrection of Jesus Christ from the dead.”

Let us pray.

Loving God, as we enter this Advent season, help us to open all the dark places in our lives and memories to the healing light of Christ. Show us the power of hope. Prepare our hearts to be transformed that we may walk in the light of Christ every single day of our lives. In his precious name we pray. **Amen.**

Wreath Lighting Song: ***Light One Candle*** (v. 1) (Natalie Sleeth)

**Light one candle for hope, one bright candle for hope.
He brings hope to every heart. He comes! He comes!
He brings hope to every heart. He comes! He comes!**

The Proclamation of the Word

First Reading: Romans 13: 11–14 **Marcus Berger**

Reader: The first reading is taken from the thirteenth chapter of St. Paul’s Epistle to the Romans, beginning at the eleventh verse.

¹¹ And do this, understanding the present time: the hour has already come for you to wake up from your slumber, because our salvation is nearer now than when we first believed. ¹² The night is nearly over; the day is almost here. So let us put aside the deeds of darkness and put on the armour of light. ¹³ Let us behave decently, as in the daytime, not in carousing and drunkenness, not in sexual immorality and debauchery, not in dissension and jealousy. ¹⁴ Rather, clothe yourselves with the Lord Jesus Christ, and do not think about how to gratify the desires of the flesh.

Reader: The Word of the Lord.

All: **Thanks be to God**

Psalm 122

Leader: 1. I was glad when they said to me,
"Let us go to the house of the Lord."

People: **2. Now our feet are standing
within your gates, O Jerusalem.**

Leader: 3. Jerusalem is built as a city
that is at unity with itself.

People: **4. To which the tribes go up, the tribes of the Lord,
the assembly of Israel, to praise the name of the Lord.**

Leader: 5 For there are the thrones of judgement,
the thrones of the house of David.

People: **6. Pray for the peace of Jerusalem:
May they prosper who love you.**

Leader: 7. Peace be within your walls
and quietness within your towers.

People: **8. For my brethren and companions' sake,
I pray for your prosperity.**

Leader: 9. Because of the house of the Lord our God,
I will seek to do you good."

Leader: Let us pray. Lord Jesus, give us the peace of the new Jerusalem.
Bring all nations into your kingdom to share your gifts, that they may
render thanks to you without end and may come to your eternal city,
where you live and reign with the Father and the Holy Spirit, now and
for ever. **Amen.**

Gradual Hymn #91: *People Look East* (vv. 1–2)

Gospel Reading: Matthew 24: 36–44 Hanson Lam

Reader: The Lord be with you.

All: **And also with you.**

Reader: The Holy Gospel of our Lord Jesus Christ according to the twenty-fourth chapter of Saint Matthew, beginning at the thirty-sixth verse.

All: Glory to you, Lord Jesus Christ.

³⁶ Jesus said, "But about that day or hour no one knows, not even the angels in heaven, nor the Son, but only the Father. ³⁷ As it was in the days of Noah, so it will be at the coming of the Son of Man. ³⁸ For in the days before the flood, people were eating and drinking, marrying and giving in marriage, up to the day Noah entered the ark; ³⁹ and they knew nothing about what would happen until the flood came and took them all away. That is how it will be at the coming of the Son of Man. ⁴⁰ Two men will be in the field; one will be taken and the other left. ⁴¹ Two women will be grinding with a hand mill; one will be taken and the other left. ⁴² Therefore keep watch, because you do not know on what day your Lord will come. ⁴³ But understand this: if the owner of the house had known at what time of night the thief was coming, he would have kept watch and would not have let his house be broken into. ⁴⁴ So you also must be ready, because the Son of Man will come at an hour when you do not expect him."

Reader: The Gospel of Christ

All: Praise to you, Lord Jesus Christ.

Gradual Hymn #91: *People Look East* (vv. 4–5)

Sermon: "Keeping Watch" by Rev. Dr. John Oakes

Choir Anthem: "*When the Wind of Winter Blows*" (Ruth Duck and Lori True)

Announcements

The Apostle's Creed

Leader: Let us confess our faith as we say,

**All I believe in God, the Father almighty, creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord. He was conceived
by the power of the Holy Spirit and born of the Virgin Mary. He
suffered under Pontius Pilate, was crucified, died, and was buried.**

He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Healing Litany

Leader: Let us name before God those for whom we offer our prayers.

The People audibly name those for whom they are interceding.

Leader: God the Father, your will for all people is health and salvation;

All: **We praise you and thank you, O Lord.**

Leader: God the Son, you came that we might have life, and might have it more abundantly;

All: **We praise you and thank you, O Lord.**

Leader: God the Holy Spirit, you make our bodies the temple of your presence;

All: **We praise you and thank you, O Lord.**

Leader: Holy Trinity, one God, in you we live and move and have our being;

All: **We praise you and thank you, O Lord.**

Leader: Lord, grant your healing grace to all who are sick, injured, or disabled, that they may be made whole;

All: **Hear us, O Lord of life.**

Leader: Grant to all who seek your guidance, and to all who are lonely, anxious, or despondent, a knowledge of your will and an awareness of your presence;

All: **Hear us, O Lord of life.**

Leader: Mend broken relationships, and restore those in emotional distress to soundness of mind and serenity of spirit;

All: **Hear us, O Lord of life.**

Leader: Bless physicians, nurses, and all others who minister to the suffering, granting them wisdom and skill, sympathy and patience;

All: **Hear us, O Lord of life.**

Leader: Grant to the dying peace and a holy death, and uphold by the grace and consolation of your Holy Spirit those who are bereaved;

All: **Hear us, O Lord of life.**

Leader: Restore to wholeness whatever is broken by human sin, in our lives, in our nation, and in the world;

All: **Hear us, O Lord of life.**

Leader: You are the Lord who does wonders:

All: **You have declared your power among the peoples.**

Leader: With you, O Lord, is the well of life:

All: **And in your light we see light.**

Leader: Hear us, O Lord of life:

All: **Heal us, and make us whole.**

Leader: Let us pray.

A period of silence follows.

Almighty God, giver of life and health: Send your blessing on all who are sick, and upon those who minister to them, that all weakness may be vanquished by the triumph of the risen Christ; who lives and reigns for ever and ever. **Amen.**

Offertory Hymn #612: *Healer of Our Every Ill*

Prayer over the Gifts

All: **Yours, Lord, is the greatness, the power, the glory, the splendour, and the majesty; for everything in heaven and on earth is yours.**
All things come from you, and of your own do we give you.

Amen.

Prayer of St. John Chrysostom

Leader: Almighty God, you have given us grace at this time with one accord to make our common supplications to you, and you have promised through your well-beloved Son that when two or three are gathered together you will hear their requests. Fulfill now our desires and petitions, as may be best for us, granting us in this

world knowledge of your truth, and in the age to come eternal life; for you, Father, are good and loving, and we glorify you through your Son Jesus Christ our Lord, in the Holy Spirit, now and for ever. Amen.

The Lord's Prayer

Leader: And now, as our Saviour Christ has taught us, we are bold to say:

All: Our Father, who art in heaven. Hallowed be thy name, thy Kingdom come, thy will be done on earth, as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever, Amen.

Leader: Glory to God.

All: Whose power working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation. In the church and in Christ Jesus forever and ever, Amen.

Blessing

Leader: May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit. **Amen.**

Recessional Hymn #91: *Lo! He Comes with Clouds Descending*

Dismissal

Leader: Alleluia! Let us go in peace to love and serve Christ the King.

People: Thanks be to God. Alleluia!

ANNOUNCEMENTS

Welcome!

Welcome to **St. Cyprian's and Iona**, as we continue our combined worship and ministry at 10:30 a.m. on Sundays. After today's service, we invite everyone to join a joint fellowship time together in the Iona space.

Alpha Today!

Our **Alpha programme continues** at noon, when a **free lunch** will be followed by a **video presentation on "What about the Church?"** and a time for **small group discussions**. We aim to **finish by 1:30 p.m. All welcome!**

Noon Meditation

The **Wednesday meditation meets** with David Rudd and others **at 12 noon on:**

<https://us02web.zoom.us/j/9321564941?pwd=QmhLdDZ6ekQ2a1FLMmRWK2tXU0F0Zz09>

Meeting ID: 932 156 4941

Passcode: 1080

Friday Zoom Bible Study

Rev. John's **weekly Zoom Bible Study, which meets on Fridays at 7 p.m., on Zoom continues our** series on **"David: Developing a Heart for God"** on December 5 after a couple of weeks' break. All are welcome to join at any time.

Please let John know if you'd like to buy a copy of the Study Guide.

The link for the Zoom study is:

<https://us02web.zoom.us/j/8517044556>

Meeting ID: 851 704 4556

You can also join the meeting by phone on 647-374-4685 or 647-558-0588.

Ministry Opportunities

There are ministry opportunities in a number of different areas, for which volunteers are welcome. To help, please contact Rev. John or one of the St. Cyprian's wardens or Iona elders.

Memorial Flowers for the Christmas Services

We will be purchasing memorial flowers for the Christmas services for both St. Cyprian's and Iona.

If you would like to remember someone in this way,
please donate by Sunday, December 14.

On your donation envelope, please clearly print the following information:

- 1) Your name or family name (i.e., how you wish it to appear in the bulletin)
- 2) The name(s) of those you wish to remember/honour.

If preferred, write-ups may be emailed to Stacey at:

Stacey.leslie.2993@gmail.com

Helping Others in Need

As the holiday season approaches, we would like to help others in need through food donations.

Brenda Haddock, who volunteers at the Scott Mission, and Stacey Leslie, who volunteers at the St. Paul's Food Bank in Pickering, will be collecting food donations on the following Sundays:

November 30, December 7 and December 14

Scott Mission needs: Fresh produce, cookies, chocolate, and bakery treats

St. Paul's Food Bank needs: cans of chickpeas, cooking oil, canned fruit, canned meats, crackers, cookies and juice

Any help is always appreciated if you would like to contribute.

Please talk to Brenda or Stacey if you have any questions.

Thank you.

Happy Birthdays

Andrea Allen	Nov 30
Ron Bloor	Nov 31
Freda Hopkinson-Manning	Dec 1
Gizaw Otoo-Annan	Dec 1

Happy birthday, Happy birthday, God loves you.

Happy birthday and may all your dreams come true.

When you blow out the candles, one light stays aglow

It's the love light of our Lord for all to know.